LAYOUT OF SHOT CIRCLE

PLAN VIEW

±30cm
11.2cm
114m - 116m

Surface of Circle

9.8 - 10.2 cm
14 - 26mm

STOP BOARD

Ground level

Circle

DISCUS

Axis

Y

Min. 12mm
Max. 15mm

r = 6mm

50 - 57mm

Men 219 - 221mm
Women 180 - 182mm

Men 44 - 46mm
Women 37 - 39mm
TAKE-OFF BOARD AND PLASTICINE INDICATOR BOARD
EXAMPLE OF APPROVED HURDLE

1.18 - 1.20 m

22.5 cm (min)

7 cm

HEIGHT

TOP EDGE ROUNDED

1 - 2.5 cm

70 cm (max)

70 cm (max)