

**USA TRACK & FIELD NATIONAL OFFICIALS COMMITTEE**  
**2017-2020 Master Level Race Walk**  
**Certification Rules Review (v 1.1)**



**Purpose**

The purpose of this open-book rules review is for officials to become familiar with USATF and IAAF rule books, and the Race Walk Officiating Handbook, to gain and demonstrate knowledge about selected rules governing race walk events.

**Instructions & Scoring**

Use the 2016 USATF Competition Rules <http://www.usatf.org/About/Competition-Rules.aspx> and the 2016 Race Walk Officiating Handbook <https://my.usatfofficials.com/resources/race-walk-officiating-handbook/download/651>.

**Parts 1 & 2:** Answer all 20 multiple choice questions, each worth 2 points; total possible score = 40 points

**Part 3:** Answer all 10 multiple choice questions, each worth 2 points; total possible score = 20 points.

**Part 4:** Answer all 4 situational questions in this part, each worth 10; total possible score = 40 points.

**Part 5:** Answer all 3 elements of this question.

Total test possible score = 100. Minimum passing score is 95% (95 points).

Enter your answers on the answer sheet and send it to your Association Certification Chair.

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**PART 1: True / False - USATF Rules & Handbook**

1. Pacing by a lapped competitor is acceptable.
2. (Handbook) A Pit Lane may be used as determined by the Chief Judge.
3. A disqualified competitor who fails to leave the track or road course is subject to USATF Rule 145.
4. A false start in a Road Race Walk should not be recalled.
5. (Handbook) Proof of a good judge is evidenced by how many competitors the judge has given Red Cards.
6. The failure to give prompt notification shall not result in the reinstatement of a disqualified competitor.
7. All walking events that qualify or advance a competitor to subsequent events must be competitive, race walk only, events that comply fully with race walk Competition Rules.
8. An athlete may set and obtain credit for any number of records in the same race.
9. In addition to the water and refreshment stations provided at the beginning and end of the race, for all events of 5km or longer refreshment stations shall be every lap.
10. Hand times of a road race walk shall be converted and recorded to the next longer full second.

**PART 2: True / False - IAAF Rules**

11. In competitions held under Rules 1.1(a), (b), (c), (d) and(f), the Chief Judge has the power to disqualify an athlete in the last100m, when his mode of progression obviously fails to comply with Rule 230.2.
12. The IAAF does not formally recognize world race walking records for road courses.
13. In road races, in competitions under Rules 1.1(a), (b), (c), and(f), the uncertainty in the measurement shall not exceed 1.0%.
14. In competitions held under Rules 1.1(b), (c), (e), (f), (g) and (j), all Judges shall be either Area or International Race Walking Judges.

15. When a judge is not completely satisfied that an athlete is fully complying with Rule 230.2, he must show the yellow paddle.
16. In competitions under Rules 1.1(a), (b), (c) or (e), in no circumstances shall the Red Cards of two Judges of the same nationality have the power to disqualify.
17. At competitions organized under Rule 1.1 an International Road Course Measurer shall be appointed to verify the courses where road events are held entirely or partially outside the stadium.
18. For competitions held under IAAF Rule 1.1(a), the circuit for a road course shall be no longer than 2.5km.
19. In competitions held under Rules 1.1(a), (b), (c), and(f), a maximum of three officials per Country may be stationed behind the refreshment station at any one time.
20. In events of 10km or more, an athlete may leave the marked course with the permission and under the supervision of an official

### **PART 3: Multiple Choice - USATF Rules & Handbook**

21. (Handbook) After the Red Card Collector has verified that the Judge has completed the Red Card correctly:
  - a. The Red Card Collector takes his time going to the Recorder
  - b. The Red Card Collector should keep the Red Card out of site while delivering it to the Recorder
  - c. It's not necessary for the Red Card Collector to deliver the Red Cards to the Recorder if it's raining
22. The Referee may disqualify an athlete from a race walk for:
  - a. Violating the definition of Race Walking
  - b. Leaving the course under the control of an official
  - c. Receiving refreshments at places on a course away from the officially designated aid stations
23. (Handbook) Method for Judging
  - a. The Race Walking Judge should first look at an approaching group of competitors from a distance for motions that distinguish individuals from the group
  - b. As the group approaches the Judge's Viewing Area, the judge should focus his attention on those walkers who stood out
  - c. Both a & b
24. In Master's Race Walking, competitors should
  - a. Compete in age groups
  - b. Be given consideration by the judges for their age
  - c. Submit to a USATF sponsored exam before entering
25. (Handbook) Infractions based on the definition of Race Walking
  - a. The decision to show a Yellow Paddle or write a Red Card is because the Judge thought he saw a violation
  - b. The Race Walking Judge issues a Red Card because he observed a violation of a progression of steps
  - c. Both a & b.6
26. The Referee may disqualify an athlete from a race walk for:
  - a. Violating the definition of Race Walking
  - b. Leaving the course under the control of an official
  - c. Receiving refreshments at places on a course away from officially designated aid stations
27. (Handbook) When judging:
  - a. A judging decision made for one or two steps is good judging
  - b. (b) When making a bent knee call, it is important to wait for the lead leg to be in contact with the ground
  - c. (c) One should judge the rear leg

28. Jury of Appeal; an Appeal relating to Race Walking
  - a. No member of the jury of Appeal shall be present during any deliberations concerning an appeal that affects, directly or indirectly, an athlete affiliated with that member
  - b. In instances where there is an appeal relating to the Rule of Race Walking, at least one member of the Jury should be a certified Race Walk judge
  - c. Both (a) & (b)
29. (Handbook) On Disqualifications:
  - a. A Red Card is a judge's proposal for disqualification
  - b. Any official may show the Red Paddle to signal disqualification
  - c. Two Red Cards from the Chief Judge and one other Red Card is necessary for disqualification
30. (Handbook) Judges of Race Walking
  - a. When a Judge observes a competitor who fails to comply with Rule 232.2, the judge should decide if the athlete is gaining an advantage
  - b. Each Judge shall use two Yellow Paddles for signaling cautions
  - c. All Judges' Tally sheets shall be turned into the Referee at the end of the race

**This concludes Parts 1, 2, & 3. Transfer your answers for these questions onto the answer sheet below.**

**Now proceed to Parts 4 & 5 on the answer sheet below, which contains the questions and space for your answers.**

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**Answer Sheet (v 1.1)**



Total test possible score = 100. Minimum passing score is 95% (95 points).

**PARTS 1, 2, & 3: True / False & Multiple Choice**

2 points for each correct answer; max score = 60.					
Question	Correct Answer	Rule Number(s)	Question	Correct Answer	Rule Number(s)
1.			16.		
2.			17.		
3.			18.		
4.			19.		
5.			20.		
6.			21.		
7.			22.		
8.			23.		
9.			24.		
10.			25.		
11.			26.		
12.			27.		
13.			28.		
14.			29.		
15.			30.		

**PART 4: Situational Questions**

- You are a Race Walk Judge during the Men’s 50 km Championships, conducted on a 2 km out and back loop. There are no assigned Umpires. You see walker #54 receive refreshments from his coach at a place 100m after the officially designated refreshment table. What actions do you take?



